

West York Bulldogs FC



COVID Safety and Action Plan

In accordance with guidelines set by the Centers for Disease Control, PA Governor's Office, PA Department of Health, and Eastern Pennsylvania Youth Soccer, our organization West York Bulldogs FC will return to play with the following safety and action plan.

a. Communication & Education

- All players and parents will receive communication on our safety and action plan before return to play begins.
- Education materials will be shared with all participants (coaches, players, and parents) on behaviors that reduce the spread of COVID-19 to include but not limited to: hand hygiene, sanitizing equipment, properly covering coughs and sneezes, and staying home when appropriate.

b. Steps to Reduce the Spread

- a. Players and coaches must have their temperature taken at home prior to any practice or game. Any temperature above 100.4 °F requires the player/coach to stay home. No player or coach can attend if they are feeling sick.
- b. Coaches will be equipped with sanitizer to disinfect equipment (balls, cones, etc) between practices/games.
- c. Team balls will be utilized for any multiplayer drill, scrimmage, or game.
- d. Parents must sanitize player owned balls prior to and after each practice.
- e. Coaches will launder pinnies/bibs after each use.
- f. Coaches will be provided hand sanitizer to have available for players/coaches use
- g. No sharing of water, snacks or equipment.
- h. No shaking hands, high fives, fist bump, hugs, etc...
- i. Social distancing = six (6) feet apart when on the team bench, during "team talks", water breaks and when practical during drills.
- j. Players will position their equipment 6 feet away from each other at the practice field.
- k. Players are not required to wear face coverings while on the soccer field, but they will be expected to wear one to and from the soccer field and on the bench if social distancing cannot be maintained.
- l. All coaches and volunteers must wear face coverings during practice.

- m. Nonfamily-related parents and spectators must remain at least 6 feet apart while at any of our soccer fields. Parents should refrain from attending practices whenever possible.
- n. Please limit carpools with nonfamily members.
- o. Every participant or parent/guardian of a participant must digitally sign a COVID-19 waiver as part of our online registration process, following guidance from Eastern Pennsylvania Youth Soccer Association (EPYSA), the organization that provides insurance to our club for soccer participation.

Phased reopening plan

1. Stage 1 (2-3 weeks)

- County has gone from Yellow to Green
- Training permitted within organization only
- No body contact, social distance during training
- No games, scrimmages or league participation permitted
- Reduced numbers of participants
- No shared equipment
- Spectators not permitted, parents can stay in vehicle
- Adult coaches must wear masks when with participants

2. Stage 2 (2-3 weeks)

- County remains Green
- Body contact is permitted
- Scrimmages and friendly games with other clubs in same Green county permitted
- No league participation permitted
- Spectators permitted with social distance
- Adult coaches suggested to wear masks with participants

3. Stage 3 (2-3 weeks)

- County remains Green
- Scrimmages and friendly games with other clubs in all Green counties permitted
- No league participation permitted

4. Stage 4 (2-3 weeks)

- County continues positive progress in Green with most government restrictions lifted
- League participation is permitted
- Social distance of spectators recommended during league games

- c. Identification of COVID exposure

Parents of participants will notify the President of West York Bulldogs FC if the participant or someone in the participant's home is presumptive positive or tests positive for COVID. No one with a fever, loss of taste or smell, shortness of breath, persistent cough, chills, body aches, and pains can be permitted at the soccer fields until 72 hours free from symptoms without the use of fever-reducing medicine. Any participant or participant's family member who tests positive for COVID would require exclusion from activities and facilities for 14 days from the start of symptoms and a negative COVID test is confirmed.

West York Bulldogs FC will notify participants who came in contact with the individual of potential exposure following CDC guidelines and HIPAA regulations on confidentiality.

d. COVID Point of Contact

For all West York Bulldogs FC COVID related policy questions and concerns, the individual name below will serve as the point of contact.

Tim Scripko, President
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